## Emergency Preparedness at Work and Home

What is a go bag, a 72-hour disaster kit, a car kit, an evacuation kit, a shelter in place kit, and a disaster bucket? How do all of these products and/or suggested items that overlap their supplies and instruction work together? What information do I need for work and at home in an emergency or disaster situation? What are ABCs and 123s of home and work emergency preparedness? Jay Shaw covers the who, what, where, when, and why of disaster preparedness in a fun and dynamic presentation that will have you up on your feet, laughing, and learning some insightful tips on how you can prepare to stay alive when disaster strikes.

## Speaker: Jay Shaw

Jay Shaw has been involved in the emergency services for over 17 years, working in hospital emergency rooms, rural EMS departments and the fire service. Currently Jay is in his 13<sup>th</sup> year as a member of the Winnipeg Fire Paramedic Service as a Firefighter Paramedic where he has been a part of both the technical rescue and water rescue teams. Currently Jay writes for Firefighting in Canada Magazine and has been published in Canada and the US for article relating to the emergency services and disaster management.

Jay also consults for Workplace Education Manitoba as an independent education and training consultant focusing on assessing need, instruction design, and delivery in leadership, management and communication courses. Jay has done work with companies such as Boeing, New Flyer, American Biaxis, as well as many smaller private companies.

Jay holds a Master's degree in Disaster and Emergency Management from Royal Roads University where his research interest is focused in risk perception and barriers to emergency preparedness.

